

NOVEMBER 2023

COMANCHE ELEMENTARY

MONDAY

DID YOU KNOW?

Native American Heritage Month first evolved from "American Indian Week," which President Reagan proclaimed on the week of November 23-30, 1986. In 1990, President George H. W. Bush approved a joint resolution designating November 1990 as National American Indian Heritage Month, commonly referred to as Native American Heritage Month.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

TANGERINE CHICKEN
EGG ROLL
BROCCOLI
CORN
FRUIT
MILK

2

SPAGHETTI
BREADSTICK
VEGGIE CUP
SALAD
FRUIT
MILK

3

PIZZA
CARROTS
GREEN BEANS
FRUIT
COOKIE
MILK

6

POTATO BOWL
ROLL
TOMATO CUP
SNOWBALL SALAD
MILK

7

CHICKEN SANDWICH
BEANS
CARROTS
FRUIT
SHERBET CUP
MILK

8

X-TREME BURRITO
CORN
BROCCOLI SALAD
FRUIT
BROWNIES
MILK

9

HAMBURGER STEAK
POTATOES
OKRA
FRUIT
MILK

10

PIZZA
GARDEN SALAD
GREEN BEANS
FRUIT
MILK

13

CHILI CHEESE TOTS
CORNBREAD
VEGGIE CUP
CORN
FRUIT
MILK

14

CHEESEBURGER
CHIPS
TOMATO CUP
GARDEN SALAD
FRUIT
MILK

15

CHICKEN NUGGETS
MAC & CHEESE
CARROTS
SQUASH
FRUIT
MILK

16

MEAT & CHEESE
CHALUPAS
BEANS / CORN
SALSA
FRUIT
PUDDING
MILK

17

X-TREME BURRITO
CORN
CUCUMBERS
FRUIT
DESSERT
MILK

20

21

HAPPY THANKSGIVING!

22

23

24

FROM: GLORIA, CRISTINA, MARGIE, PAT, AMELIA, &
KARINA

27

CHICKEN NUGGETS
ROLL
GREEN BEANS
CORN
FRUIT
MILK

28

BREADED DRUMSTICK
BISCUIT
GARDEN SALAD
SWEET POTATO FRIES
FRUIT
MILK

29

FRITO PIE
BEANS
VEGGIE CUP
FRUIT
PB RICE KRISPIE TREAT
MILK

30

CHEESY BREAD STICKS
BROCCOLI
MARINARA SAUCE
FRUIT
MILK

BREAKFAST

MONDAY:
PANCAKE WRAP
YOGURT
FRUIT
MILK

TUESDAY:
MUFFIN
CHEESE STICK
FRUIT
MILK

WEDNESDAY:
SAUSAGE
EGG
BISCUIT
FRUIT
MILK

THURSDAY:
FRENCH TOAST
BACON
FRUIT
MILK

FRIDAY:
PANCAKES
OATMEAL
FRUIT
MILK

EVERYDAY OPTION:
CEREAL
GRAHAM CRACKER
FRUIT
MILK

"This provider is an
equal opportunity
provider"