

# AUGUST 2021

# COMANCHE HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9	10	11 QUESADILLA REFRIED BEANS CORN SALSA PUDDING FRUIT MILK	12 HAM & CHEESE ON PRETZEL BUN FRESH VEGGIE CUP OVEN FRIES FRUIT MILK	13 CHICKEN NUGGETS MAC & CHEESE BABY CARROTS SQUASH FRUIT MILK
16 BREADED DRUMSTICK BISCUIT SALAD SWEET POTATO FRIES FRUIT MILK	17 CHEESY BREADSTICKS BROCCOLI BITES MARINARA SAUCE APPLESAUCE MILK	18 WALKING TACO REFRIED BEANS FRESH VEGGIES CUP FRUIT COOKIE MILK	19 BONELESS CHICKEN WINGS SUN CHIPS CELERY STICKS BABY CARROTS FRUIT/ SHERBET CUP MILK	20 STEAK FINGERS GRAVY GREEN BEANS CORN ROLL FRUIT MILK
23 PEPPERONI PIZZA BABY CARROTS GREEN BEANS FRUIT BROWNIE MILK	24 CORN DOG STEAK FRIES TOMATO CUP FRUITY GELATIN MILK	25 CHICKEN SANDWICH SUN CHIPS FRESH VEGGIE CUP SALAD FRUIT MILK	26 NACHOS GRANDE REFRIED BEANS SALSA CUCUMBER SLICES FRUIT ICE CREAM CUP MILK	27 BREADED PORK CHOP GRAVY CHEESY BROCCOLI CORN ROLL FRUIT & MILK
30 COUNTRY FRIED STEAK GRAVY MASHED POTATOES OKRA ROLL FRUIT & MILK	31 RANCHERO WRAP CORN CRUNCHY BROCCOLI SALAD FRESH APPLE SLICES COOKIE MILK	<b>DID YOU KNOW?</b> The official flowers of August are the Gladiolus and Poppy and Peridot is the August birthstone.		

## BREAKFAST

MONDAY:  
BACON, EGG & CHEESE  
CROISSANT

TUESDAY:  
BREAKFAST PIZZA  
OATMEAL

WEDNESDAY:  
SAUSAGE  
BISCUIT  
EGG  
GRAVY  
JELLY

THURSDAY:  
FRENCH TOAST  
BACON  
SYRUP

FRIDAY:  
PANCAKE WRAP  
YOGURT  
SYRUP

EVERYDAY:  
CEREAL  
JUICE  
MILK  
CHEESE STICK  
FRUIT

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