

October 2021

COMANCHE HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



POPCORN CHICKEN
CORN
CRUNCHY BROCCOLI SALAD
ROLL
FRUIT
COOKIE
MILK

CHICKEN ENCHILADAS
SPANISH RICE
REFRIED BEANS
CORN
SALSA
FRUIT
PUDDING
MILK

QUESADILLA
CORN
CUCUMBER SLICES
ROSY APPLESAUCE
COOKIE
MILK

HAM & CHEESE
ON PRETZEL BUN
FRESH VEGGIE CUP
OVEN FRIES
FRUIT
MILK

CHEESEBURGER
HAMBURGER GARNISH
SUN CHIPS
TOMATO CUP
SALAD
FRUIT
MILK

CHICKEN NUGGETS
MAC & CHEESE
BABY CARROTS
SQUASH
FRUIT
MILK

HOLIDAY

CHEESY BREADSTICKS
MARINARA SAUCE
BROCCOLI BITES
FRUIT
MILK

BREADED DRUMSTICK
BISCUIT
SALAD
SWEET POTATO FRIES
FRUIT
MILK

STEAK FINGERS
GRAVY
GREEN BEANS
CORN
ROLL
FRUIT
MILK

BONELESS CHICKEN
WINGS
SUN CHIPS
CELERY STICKS
BABY CARROTS
FRUIT
SHERBET CUP & MILK

CHEESE PIZZA
BABY CARROTS
GREEN BEANS
FRUIT
COOKIE
MILK

CORN DOG
STEAK FRIES
TOMATO CUP
FRUITY GELATIN
MILK

CHICKEN SANDWICH
SUN CHIPS
FRESH VEGGIE CUP
SALAD
FRUIT
MILK

NACHOS GRANDE
REFRIED BEANS
SALSA
CUCUMBER SLICES
FRUIT
ICE CREAM CUP
MILK

BREADED PORK CHOP
GRAVY
CHEESY BROCCOLI
CORN
ROLL
FRUIT
MILK

STEAK
GRAVY
MASHED POTATOES
OKRA
ROLL
FRUIT
MILK

POPCORN CHICKEN
CORN
CRUNCHY BROCCOLI
SALAD
FRESH APPLE SLICES
COOKIE
MILK

CHICKEN FAJITAS
SPANISH RICE
REFRIED BEANS
BABY CARROTS
SALSA
FRUIT
SHERBET CUP & MILK

CHEESEBURGER
HAMBURGER GARNISH
OVEN FRIES
TOMATO CUP
SNOWBALL SALAD
MILK

CHICKEN ALFREDO
BREADSTICKS
SALAD
GREEN BEANS
FRUIT
MILK

BREAKFAST

MONDAY:
BACON, EGG & CHEESE
CROISSANT

TUESDAY:
BREAKFAST PIZZA
OATMEAL

WEDNESDAY:
SAUSAGE
BISCUIT
EGG
GRAVY
JELLY

THURSDAY:
FRENCH TOAST
BACON
SYRUP

FRIDAY:
PANCAKE WRAP
YOGURT
SYRUP

EVERYDAY:
CEREAL
JUICE
MILK
CHEESE STICK
FRUIT

**“THIS PROVIDER IS AN
EQUAL OPPORTUNITY
PROVIDER”**