

# October 2021

## COMANCHE PRE-K

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### BREAKFAST

MONDAY:  
PANCAKE WRAP  
YOGURT  
FRUIT  
MILK

TUESDAY:  
MUFFIN  
CHEESE STICK  
FRUIT  
MILK

WEDNESDAY:  
SAUSAGE  
EGG  
BISCUIT  
FRUIT  
MILK

THURSDAY:  
FRENCH TOAST  
BACON  
FRUIT  
MILK

FRIDAY:  
PANCAKES  
FRUIT  
MILK

EVERYDAY OPTION:  
CEREAL  
CHEESE STICK  
FRUIT  
MILK

"This provider is an equal opportunity provider."

### DID YOU KNOW?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



**1**  
BREADED PORK CHOP  
GRAVY  
ROLL  
BROCCOLI  
SEASONED CORN  
FRUIT  
MILK

**5**  
CHEESEBURGER MACARONI  
ROLL  
CARROTS  
GREEN BEANS  
FRUIT  
MILK

**6**  
QUESADILLA  
SALSA  
BEANS  
CUCUMBERS  
FRESH FRUIT  
MILK

**7**  
PIZZA  
VEGGIE CUP  
GARDEN SALAD  
FRUIT  
MILK

**8**  
CORN DOG  
FRENCH FRIES  
TOMATO CUP  
FRUIT  
MILK

**11**  
HOLIDAY

**12**  
CHICKEN FAJITAS  
BEANS  
CARROTS  
SALSA  
FRUIT  
MILK

**13**  
COUNTRY FRIED STEAK  
GRAVY  
POTATOES  
ROLL  
FRUIT  
MILK

**14**  
HOT DOG  
FRENCH FRIES  
TOMATO CUP  
FRUIT  
MILK

**15**  
PIZZA  
SALAD  
GREEN BEANS  
FRUIT  
MILK

**18**  
MEAT & CHEESE CHALUPAS  
REFRIED BEANS  
CORN  
SALSA  
FRUIT  
MILK

**19**  
HAM & CHEESE MELT  
FRESH VEGGIE CUP  
POTATOES  
FRUIT  
MILK

**20**  
CHEESEBURGER  
CHIPS  
TOMATO CUP  
GARDEN SALAD  
ORANGES  
MILK

**21**  
X-TREME BURRITO  
CORN  
CUCUMBERS  
FRUIT  
MILK

**22**  
PIZZA  
CARROTS  
SQUASH  
FRUIT  
MILK

**25**  
CHEESY BREADSTICKS  
BROCCOLI  
MARINARA SAUCE  
FRUIT  
MILK

**26**  
BREADED DRUMSTICK  
BISCUIT  
GARDEN SALAD  
SWEET POTATOES  
FRUIT  
MILK

**27**  
STEAK FINGERS  
ROLL  
GREEN BEANS  
CORN  
FRUIT  
MILK

**28**  
WALKING TACO  
BEANS  
VEGGIE CUP  
FRUIT  
MILK

**29**  
BONELESS CHICKEN WINGS  
CHIPS  
CELERY  
CARROTS  
FRUIT  
MILK