

September 2021

COMANCHE HIGH SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

There are more pop and classic songs with "September" in the title than any other month!

6

HOLIDAY

7

CHEESE PIZZA
CORN
CUCUMBERS
ROSY APPLESAUCE
COOKIE
MILK

8

CHICKEN ENCHILADAS
SPANISH RICE
PINTO BEANS
CORN
SALSA
FRUIT
PUDDING
MILK

9

CHICKEN -N- WAFFLES
FRESH VEGGIE CUP
HASHBROWNS
FRUIT
MILK

10

CHICKEN NUGGETS
MAC & CHEESE
BABY CARROTS
SQUASH
FRUIT
MILK

13

BONELESS CHICKEN WINGS
SUN CHIPS
CELERY STICKS
BABY CARROTS
FRUIT
SHERBET CUP
MILK

14

CHEESY BREADSTICKS
BROCCOLI BITES
MARINARA SAUCE
APPLESAUCE
MILK

15

QUESADILLA
REFRIED BEANS
FRESH VEGGIES
FRUIT
COOKIE
MILK

16

CHICKEN SPAGHETTI
BREADSTICKS
SALAD
TOMATO CUP
FRUIT
MILK

17

INDIAN CHICKEN BOWL
GRAVY
GREEN BEANS
ROLL
FRUIT
MILK

20

**STUDENT
HOLIDAY**

21

PEPPERONI PIZZA
BABY CARROTS
GREEN BEANS
FRUIT
BROWNIE
MILK

22

NACHOS GRANDE
SALSA
REFRIED BEANS
CUCUMBER SLICES
FRUIT
ICE CREAM CUP
MILK

23

CHICKEN SANDWICH
SUN CHIPS
FRESH VEGGIE CUP
SALAD
FRUITY GELATIN
MILK

24

BREADED PORK CHOP
GRAVY
CHEESY BROCCOLI
CORN
ROLL
FRUIT
MILK

27

COUNTRY FRIED STEAK
GRAVY
MASHED POTATOES
OKRA
ROLL
STRAWBERRIES
MILK

28

HOT DOG
STEAK FRIES
TOMATO CUP
SNOWBALL SALAD
MILK

29

CHICKEN ALFREDO
BREADSTICKS
SALAD
GREEN BEANS
FRUIT
MILK

30

CHICKEN FAJITAS
TORTILLA CHIPS
REFRIED BEANS
BABY CARROTS
SALSA
HOT CINNAMON APPLES
SHERBET CUP
MILK

BREAKFAST

MONDAY:
BACON, EGG & CHEESE
CROISSANT

TUESDAY:
BREAKFAST PIZZA
OATMEAL

WEDNESDAY:
SAUSAGE
BISCUIT
EGG
GRAVY
JELLY

THURSDAY:
FRENCH TOAST
BACON
SYRUP

FRIDAY:
PANCAKE WRAP
YOGURT
SYRUP

EVERYDAY:
CEREAL
CHEESE STICK
FRUIT
JUICE
MILK

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