

September 2021

COMANCHE JR HIGH

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

There are more pop and classic songs with "September" in the title than any other month!

6

HOLIDAY

7

HOT DOG
TATER TOTS
TOMATO CUP
SNOWBALL SALAD
MILK

8

FISH STICKS
OVEN FRIES
BREADED OKRA
DINNER ROLL
STRAWBERRY CUP
MILK

9

MEATBALL SUB
GARDEN SALAD
GREEN BEANS
SLICED PEACHES
MILK

10

RANCHERO WRAP
SEASONED CORN
CRUNCHY BROCCOLI SALAD
APPLE SLICES
CHOCOLATE COOKIE
MILK

13

MEAT & CHEESE CHALUPAS
REFRIED BEANS
SEASONED CORN
SALSA
ORANGE SMILES
PUDDING CUP & MILK

14

HAMBURGER
MULTIGRAIN CHIPS
TOMATO CUP
GARDEN SALAD
SLICED PEARS
MILK

15

CHICKEN NUGGETS
MAC-N-CHEESE
BABY CARROTS
STEAMED SQUASH
GRAPES
MILK

16

CHILI CHEESE TOTS
CORN CHIPS
FRESH VEGGIE CUP
STRAWBERRIES AND BANANAS
MILK

17

PHILLY CHEESESTEAK
SEASONED CORN
CUCUMBER SLICES
ROSY APPLESAUCE
PEACH CRISP
MILK

20

**STUDENT
HOLIDAY**

21

CHEESY BREADSTICKS
BROCCOLI BITES
MARINARA CUP
CINNAMON APPLESAUCE
MILK

22

CHICKEN SPAGHETTI
BREADSTICK
GARDEN SALAD
TOMATO CUP
FRESH FRUIT
MILK

23

FIESTA BOWL
CELERY STICKS
BABY CARROTS
MIXED FRUIT
SHERBET CUP
MILK

24

STEAK FINGERS
DINNER ROLL
GREEN BEANS
SEASONED CORN
SLICED PEACHES
MILK

27

NACHOS GRANDE
SALSA
REFRIED BEANS
CUCUMBER SLICES
APRICOTS
ICE CREAM CUP
MILK

28

CORN DOG
OVEN FRIES
TOMATO CUP
FRUIT CUP
MILK

29

CHEESEBURGER MAC
DINNER ROLL
STEAMED CARROTS
GREEN BEANS
FRESH FRUIT
RICE KRISPIE TREAT
MILK

30

ASIAN BOWL
EGG ROLL
BROWN RICE
BROCCOLI BITES
SEASONED CORN
MANDARIN ORANGES
MILK

BREAKFAST

MONDAY:
BACON, EGG AND
CHEESE CROISSANT

TUESDAY:
OATMEAL
BREAKFAST PIZZA

WEDNESDAY:
BISCUIT
EGG
SAUSAGE
GRAVY

THURSDAY:
FRENCH TOAST
BACON

FRIDAY:
PANCAKES
SAUSAGE

EVERYDAY:
CEREAL
GRAHAM CRACKER
JUICE
FRUIT
MILK

"THIS PROVIDER IS AN
EQUAL OPPORTUNITY
PROVIDER"