

**SCHOOL HEALTH ADVISORY COUNCIL
2016-2017**

***Summary of Activities
April 20, 2017***

We had 4 meetings: Oct. 20, 2016; Dec. 14, 2016; Feb. 23, 2017; and April 20, 2017.

Members: Shelley Barron, Wes Carroll, Kellie Deters, April Martin, Joe Prado. Della Hicks, Rachel Hilliard, Mona Clifton

❖ **Focus this school year**

For all campuses - Promoted the Walk Across Texas physical activity program for all staff and students-to help people of all ages support one another to establish the habit of daily exercise. About 7 - 8 teams were put together.

Discussed the cleaning and sanitizing of the buildings, classrooms of the district. Praised the efforts of the custodial staff and the GermBlast system.

For elementary - Dental health activities (thru the Masons, local dentist and school nurse).

Brought in Jessica Shawver, county extension agent, to present healthy eating and nutrition programs to the 2nd, 3rd and 4th grade students.

Discussed the need for having a walking/running path or track behind the elementary campus-similar to the old one behind the previous campus - so that the Miler's Club can start back up. Need to clear the piles of downed trees and debris from beyond the playground from the construction of the new building.

For high school - Discussed and reviewed the district's drug policy and use of drug dogs with info from the superintendent. Would like to bring back the "From Mugs to Drugs" program. Discussed the heroin and meth addictions; how quickly a person can get addicted to heroin & how it's use has increased over the last few years and how cheap it is to get it off the streets.

Glad to have the distracted and drunk driving demonstrations that were presented by Officer McDonald and the CPD.

For junior high - Discussed the drug problem at JH and the need for more programs and specifically speakers who are dynamic enough to reach at least one student if not many. Need “a speaker a month” - the concern is strong among several parents.

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