

# October 2025

## COMANCHE PRE-K

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

6  
SPAGHETTI W/ MEAT  
BREADSTICK  
GARDEN SALAD  
FRUIT  
MILK

7  
HAMBURGER STEAK  
GRAVY  
ROLL  
BROCCOLI  
FRUIT  
MILK

8  
STEAK SANDWICH  
BEANS  
FRUIT  
MILK

9  
HAMBURGER  
SLICED TOMATOES  
FRUIT  
MILK

10  
CHEESY BREADSTICKS  
GARDEN SALAD  
FRUIT  
MILK

13  
STAFF  
DEVELOPMENT

14  
CHICKEN ALFREDO  
BREADSTICK  
MIXED VEGGIES  
FRUIT  
MILK

15  
STEAK FINGERS  
GRAVY  
ROLL  
POTATOES  
FRUIT  
MILK

16  
HOT DOG  
POTATOES  
FRUIT  
MILK

17  
X-TREME BURRITO  
BROCCOLI SALAD  
FRUIT  
MILK

20  
CHICKEN-N-WAFFLES  
FRESH VEGGIE CUP  
FRUIT  
MILK

21  
STEAK FINGERS  
CUCUMBERS  
FRUIT  
MILK

22  
MEAT & CHEESE  
CHALUPA  
BEANS  
FRUIT  
MILK

23  
CHEESEBURGER  
BROCCOLI  
FRUIT  
MILK

24  
PIZZA  
CARROTS  
FRUIT  
MILK

27  
WALKING TACO  
BEANS  
FRUIT  
MILK

28  
CHICKEN SPAGHETTI  
BREADSTICK  
SLICED TOMATOES  
FRUIT  
MILK

29  
STEAK FINGERS  
GRAVY  
GREEN BEANS  
FRUIT  
MILK

30  
BONELESS CHICKEN  
WINGS  
CELERY  
FRUIT  
MILK

31  
CALZONE  
BROCCOLI  
FRUIT  
MILK

### BREAKFAST

MONDAY:  
MUFFIN  
CHEESE STICK  
FRUIT  
MILK

TUESDAY:  
BREAKFAST BURRITO  
FRUIT  
MILK

WEDNESDAY:  
SAUSAGE  
EGG  
BISCUIT  
FRUIT  
MILK

THURSDAY:  
FRENCH TOAST  
BACON  
YOGURT  
FRUIT  
MILK

FRIDAY:  
PANCAKES  
OATMEAL  
FRUIT  
MILK

EVERYDAY OPTION:  
CEREAL  
GRAHAM CRACKER  
FRUIT  
JUICE  
MILK

"This provider is an  
equal opportunity  
provider"